

# NCERT Solutions for Class 5 English Unit 3

## Chapter 1 My Shadow

### Class 5 English Chapter 1 My Shadow Questions From Textbook Solved

#### Let's Read

Question 1.

Who do you think your shadow looks like?

आपकी नजर में आपकी परछाई किससे मिलती-जुलती है?

Answer:

I think my shadow looks like me.

Question 2.

Why do you think your shadow jumps into bed before you can?

आपके विचार में आपकी परछाई आपसे पहले बिस्तर में क्यों कूद जाती है?

Answer:

When I go very close to my bed, my shadow falls on the bed before I can go into it (bed).

Question 3.

What time of the day do you think it is when your shadow is the tallest? Why?

- Morning
- Afternoon
- Night

आपके विचार में आपकी परछाई दिन के किस समय में सबसे लम्बी होती है? क्यों?

- सुबह
- अपराह्न
- रात

Answer:

I think my shadow is the tallest in the morning.

Question 4.

Read the lines from the poem and answer the following:

कविता की इन पंक्तियों को पढ़िए और निम्न का जवाब दीजिए।

He is very very like me. From the heels up to the head!

- (i) Who does he refer to? he  
किसको संबोधित करता है?
- (ii) Who does me refer to?  
'me' किसको संबोधित करता है?
- (iii) Why are he and me alike?  
'he' और 'me' एक जैसे क्यों हैं?

Answer:

- (i) 'He' refers to the shadow.  
(ii) 'Me' refers to the child (the speaker) in the poem.  
(iii) 'He' and 'me' are alike because he is the shadow of 'me'.

Let's Talk

Work in pairs and discuss the following.

जोड़े बनाकर काम कीजिए और निम्न पर विचार-विमर्श कीजिए।

What would you do if

- a dog chases you?
- you have forgotten your homework copy at home?
- you are alone in a room and the lights go out?

Answer:

- I would stop instead of trying to run faster than the dog.
- I would accept my mistake and say sorry to the teacher.
- I would light a candle.

Fun Time

- Shine a torch behind your hand and see its shadow on the wall.
- Move the torch a little away from your hand and see the shadow on the wall.
- Do you find a difference in the size of the hand on the wall?
- अपने हाथ के पीछे टॉर्च जलाएं और दीवार पर उसकी परछाई देखें।
- टॉर्च को अपने हाथ से कुछ दूर ले जाएं और दीवार पर उसकी परछाई देखें।
- क्या आपको दीवार पर हाथ के आकार में कोई अंतर नजर आता है?

Answer:

The size of the hand on the wall becomes smaller.

Working Together

Question 1.

Work in groups of five.

पाँच के समूह में काम करें।

- Make a large hand on a plain sheet.
- Mark the names of fingers, thumb and palm on the hand. Use the hints given in the box.

fore	middle	ring	small	thumb
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Answer:

Do it yourself.

Question 2.

Do the actions as given below, and observe which part, or fingers, of your hand is being used.

नीचे दिए गए कार्यों को करें और देखें कि आपके हाथ का कौन-सा भाग, या उँगली इसमें प्रयुक्त की जा रही है?

point at a door  
twist your ear  
touch a flower.

bounce a ball  
comb your hair

scratch your chin  
draw with a pencil

Answer:

Actions	Part or fingers of your hand being used
point at a door	forefinger
bounce a ball	fingers and thumb
scratch your chin	thumb and forefinger
twist your ear	thumb and forefinger
comb your hair	fingers and thumb



draw with a pencil

thumb, forefinger and middle finger

touch a flower

forefinger

**Let's Write****Question 1.**

Fill in the blanks using one of the words given in brackets.

कोष्ठकों में दिए गए शब्दों में किसी एक का प्रयोग कर रिक्त स्थानों को भरें।

- (i) Where is the child \_\_\_\_\_ parents have come to school? (who/whose/which)
- (ii) I saw many houses \_\_\_\_\_ were quite spacious. (which/whose/who)
- (iii) Mathematics \_\_\_\_\_ is my favourite subject, is so interesting. (who/which/that)
- (iv) The poem \_\_\_\_\_ you read out, is so lovely. (whose/which/that)
- (v) I know the street \_\_\_\_\_ he lives on. (whose/that/which)
- (vi) I like reading books \_\_\_\_\_ have pictures in it. (that/who/which)
- (vii) The old lady \_\_\_\_\_ I met in your house is my neighbour. (whom/that/which)

Answer:

- (i) whose
- (ii) which
- (iii) which
- (iv) that
- (v) which
- (vi) which
- (vii) whom

**Question 2.**

Complete this description by answering the questions below.

नीचे दिए गए प्रश्नों का उत्तर देते हुए इस विवरण को पूर्ण करें।



- (i) What do you think is the name of the dog?
- (ii) Why is she called that?
- (iii) What colour is she?
- (iv) Do you think she is friendly?
- (v) What does she like to eat?

Write a few lines on Mithoo and his little dog named Shadow.

Answer:

- (i) I think the name of the dog is Shadow...
- (ii) She is called so because she follows Mithoo wherever he goes like a shadow.
- (iii) She is of grey colour.
- (iv) Yes, she is very friendly.
- (v) She likes to eat bones and bread.

### Say Aloud

shoe	shadow	fish	bush
ship	sheep	dish	wash
shell	shade	wish	brush

Answer:

Do it yourself keeping in mind the sounds of 's' and 'sh'.

## My Shadow Summary In English

This poem is about a child's shadow which always moves with him. His shadow resembles him. It does exactly the same what the child does. Sometimes the shadow grows very tall and sometimes very small. One morning the child gets up early before the sun rise. He finds dew on flowers but does not see his shadow with him. The child thinks that his shadow is still fast asleep in bed.

## My Shadow Summary In Hindi

यह कविता बच्चे की परछाई के बारे में है जो हमेशा उसके साथ घूमती है। उसकी परछाई उससे मिलती-जुलती है। यह ठीक वही करती है जो बच्चा करता है। कभी-कभी परछाई बहुत बड़ी हो जाती है और कभी-कभी बहुत छोटी। एक सुबह को बच्चा सूर्योदय से पहले उठ जाता है। वह फूलों पर ओस की बूंदें देखता है किन्तु अपनी परछाई नहीं देख पाता है। बच्चा सोचता है कि उसकी परछाई अभी तक बिस्तर में सो रही है।

### Class 5 English Chapter 1 My Shadow Hindi Translation Of The Poem

1. I have a little shadow that goes  
in and out with me.  
And what can be the use of him in  
more than I can see.  
He is very, very like me from the  
heels up to the head;  
And I see him jump before me,  
when I jump into my bed.

**Word-Meanings**-Shadow (शेडो)-परछाई। Heels (हील्ज)-back part of foot, एड़ी।



**अनुवाद :** मेरी एक नन्हीं-सी परछाई है जो मेरे साथ अंदर-बाहर आती जाती है। उसका उपयोग क्या है, यह मैं समझ नहीं पाता। मैं तो बस उसे देखता हूँ। वह सिर से पैर तक बिल्कुल मेरी तरह है। जब मैं सोने के लिए बिस्तर पर जाता हूँ तो अपने से पहले उसे उस पर (बिस्तर पर) छलांग लगाता देखता हूँ।

2. The funniest thing about him is the way  
he likes to grow  
Not at all like proper children, which is  
always very slow;  
For he sometimes shoots up taller like an  
Indian-rubber ball,  
And he sometimes gets so little that  
There's none of him at all.

**Word-Meanings-Funniest** (फनिएस्ट) full of humour, मजेदार। **Proper** (प्रॉपर) normal, सामान्य। **Shoots up** (शुट्स अप)—rises high, ऊँचा उठ जाता है। **None of him at all** (नन ऑफ हिम ऐट ऑल)—not visible, दिखाई नहीं पड़ना।

**अनुवाद :** उसके बारे में सबसे मजेदार बात उसके बढ़ने का तरीका है। वह सामान्य बच्चों की तरह धीरे-धीरे बड़ा नहीं होता बल्कि भारतीय रबड़ की गेंद की भाँति उछलकर अचानक बड़ा हो जाता है। और कभी-कभी तो इतना छोटा हो जाता है कि दिखाई भी नहीं पड़ता।

3. One morning, very early, before the  
sun I was up,  
I rose and found the shining dew  
on every butter cup;  
But my lazy little shadow, like an  
arrant sleepy head.  
Had stayed at home behind me and was  
Fast asleep in bed.

**Word-Meanings-Shining** (शाइनिंग)—चमकता हुआ। **Dew** (ड्यू)—drops of moisture, ओस की बूंदें। **Buttercup** (बटर कप) a type of yellow flower, एक प्रकार का पीला फूल। **Arrant** (ऐरन्ट)—bad, बुरा, खराब।

**अनुवाद :** एक सुबह मैं सूर्योदय से पहले उठ गया और मैंने हर पीले फूल पर चमकदार ओस की बूंदें देखीं। लेकिन मेरी छोटी-सी आलसी परछाई बुरे सोने वाले की भाँति मेरे पीछे घर पर बिस्तर में गहरी नींद में सो रही थी।